

SME Workshop

“Building Wellness Culture in Corporates Series (3) – How to apply Wholistic Wellness Culture in Corporates?”

We all have many roles to play as a leader in the 21st century. It is vital that we are able to set priorities and stay balanced to perform different roles especially in this age of innovation and technology and a highly competitive environment. For the last workshop in SUCCESS series on “Building Wellness Culture in Corporates”, we will explore how to apply wholistic wellness culture in corporates, implement the establishment of a positive energy “station” in office and enhance corporate wellness image.

Details

Date: 28 November 2018 (Wednesday)
Time: 3:30 – 5:00 p.m.
Venue: Support and Consultation Centre for SMEs
of the Trade and Industry Department (SUCCESS)
Room 1301, 13/F, Trade and Industry Tower,
3 Concorde Road, Kowloon City (Please turn overleaf for the map and directions)
Language: Cantonese
Topic: **Building Wellness Culture in Corporates Series (3) – How to apply Wholistic Wellness Culture in Corporates?**

Speaker : Ms Cynthia Poon, Founder and Director of Wellsky Wholistic Health Consultancy

Schedule of Building Wellness Culture in Corporates Workshop Series :

Topics	Abstracts	Date (Wednesdays)
How to apply Wholistic Wellness Culture in Corporates?	How to implement the establishment of a positive energy “station” in the office, promoting a wellness culture in corporates and enhancing corporate wellness image?	28 Nov 2018

Interested persons may visit SUCCESS to view the video of the last 2 workshops organised under the Series:

Topics	Abstracts	Date (all Wednesdays)
What is Wholistic Wellness?	What is wholistic wellness? How to create your own circle of excellence with wellness application?	26 Sep 2018
How to be a Happy Leader?	How to apply the concept of wholistic wellness in daily life and work to achieve positive change?	31 Oct 2018

Registration

Interested persons are welcome to participate in this seminar. Admission is free.

Please visit **SUCCESS Website (www.success.tid.gov.hk)** for online registration, or fill in the registration form below and fax it to **2391 7375**. The deadline for registration is **27 November 2018 (Tuesday)** but registration will be closed once seats are all taken. Enquiry Hotline: **3403 6111**.

(Ref: 181128V)

Registration Form

*compulsory

Name*:	(Mr / Mrs / Miss) _____	Age*:	<input type="checkbox"/> <20 <input type="checkbox"/> 20-30 <input type="checkbox"/> 31-40 <input type="checkbox"/> 41-50 <input type="checkbox"/> 51-60 <input type="checkbox"/> >60
Email*:	_____	Tel*:	_____
Address:	_____		
Company:	_____		
Status*:	<input type="checkbox"/> Business Owner (Year Established: _____; No. of Employees: _____) <input type="checkbox"/> Managerial Staff <input type="checkbox"/> Consultant <input type="checkbox"/> Potential Business Starter (Proposed Year of Establishing Company: _____) <input type="checkbox"/> Academic <input type="checkbox"/> Others		
Industry*:	<input type="checkbox"/> Import/Export Trade <input type="checkbox"/> Wholesale and Retail <input type="checkbox"/> Restaurants and Hotels <input type="checkbox"/> Financing, Insurance and Real Estate <input type="checkbox"/> Business Services <input type="checkbox"/> Community, Social and Personal Services <input type="checkbox"/> Manufacturing <input type="checkbox"/> Transport, Storage and Communications <input type="checkbox"/> Construction <input type="checkbox"/> Media <input type="checkbox"/> Others		

SUCCESS
Membership and Disclosure*

I have registered as a member of the Support and Consultation Centre for SMEs of the Trade and Industry Department ("SUCCESS"). ☐Yes ☐No

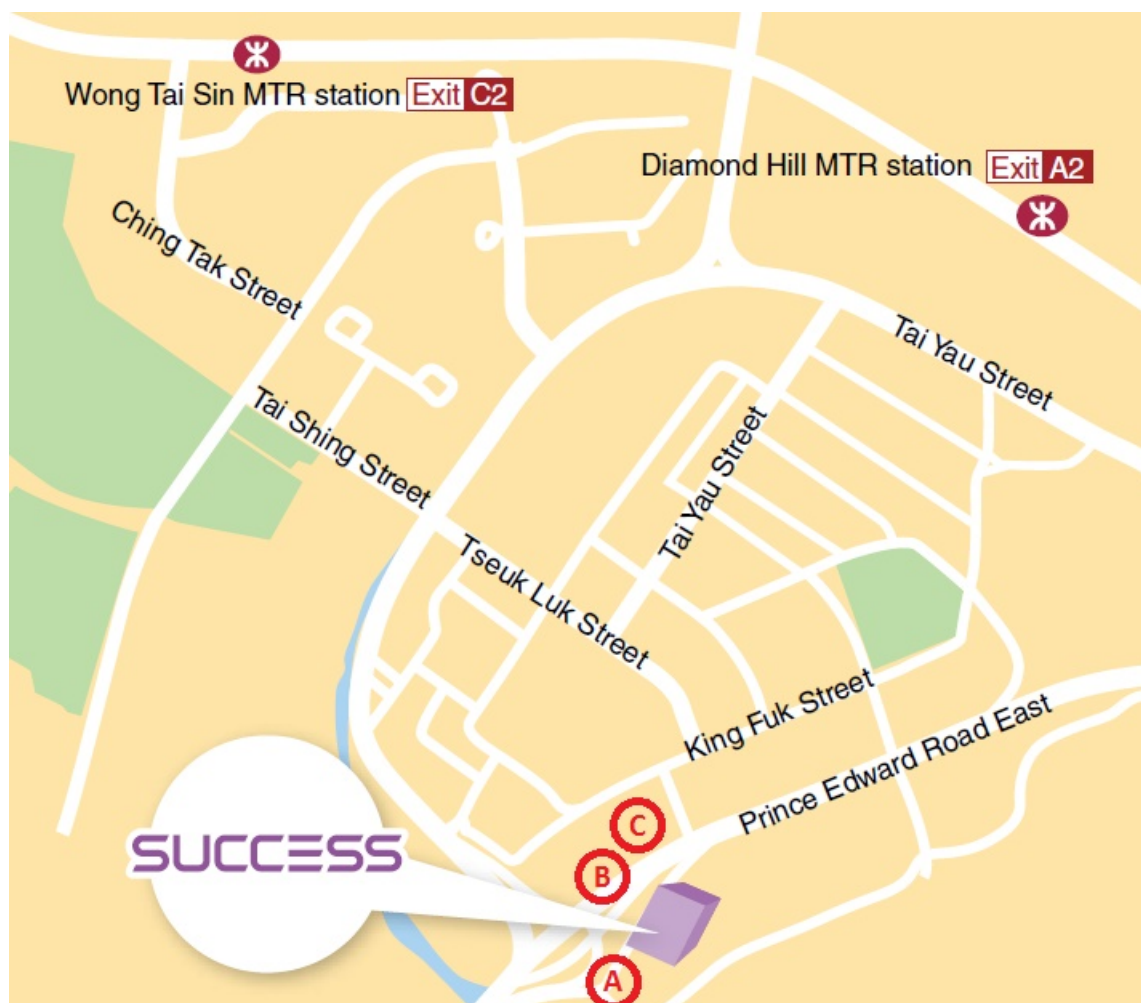
I agree to register as a member of SUCCESS, and receive information from SUCCESS, for example, news of seminar activities, e-newsletter, etc. ☐Yes ☐No

I agree that SUCCESS can disclose my personal data to the co-organiser(s) and speaker(s) of this activity ☐Yes ☐No

Personal data provided by participants will be used for registration of the above activity or to receive the latest business development and information on SUCCESS activities and services through e-newsletters and e-mail alerts. You are also most welcome to register for SUCCESS' free membership service at www.success.tid.gov.hk. If you do not want to receive our emails or fax messages, please simply email us at success_seminars@tid.gov.hk or send us a fax at 2391 7375 to note "Cancel Subscription" with your email address or fax number.

An individual may request access to his personal data held by SUCCESS pursuant to the Personal Data (Privacy) Ordinance. Request for access to and correction of any personal data submitted can be directed to us at success_seminars@tid.gov.hk or fax at 2391 7375.

How to reach SUCCESS



Legend

A – Bus Stop off the Entrance to Trade and Industry Tower (G/F)

B – Bus Stop outside the Entrance to Mikiki Shopping Mall / The Latitude

C – Minibus Stop in the basement (LG1) of Mikiki Shopping Mall / The Latitude

Note: A footbridge connects Trade and Industry Tower from 1/F of Mikiki Shopping Mall

Getting from major MTR stations to Trade and Industry Tower

Station(s)	Route(s)	Location to get off
Kowloon Bay / Ngau Tau Kok	Bus 1A, 11B, 11D, 14, 15, 16, 17, 93K, 296C	A
Choi Hung	Bus 26, 27, 42, 213D	A
Mong Kok / Prince Edward	Bus 1A, 2A, 13D, 24, 93K, 95, 98C, 296C, 796C	B
Kowloon Tong	Minibus 25B	C